

JAMERSON'S

CHROMATIC EXERCISE

This exercise is adapted and expanded from the book “Standing in the Shadows of Motown” by Dr. Licks - check it out for more great info about Jamerson and the players he influenced.

C

0 0 0 0 0 5 2 5 3 5 4 5 5 5 3 0 3 1 3 2 3 3 3 0 3 1 2 3

5 F

3

T
A B

3 0 3 1 3 2 3 3 3 0 3 1 3 2 3 3 3 0 3 1 3 2 3 3 3 0 3 1 2 3

9 B \flat

1 3 0 3 1 3 2 3 3 3 0 3 1 3 2 3 3 3 0 3 1 2 3

13 E^b

17 $A\flat$

Fretboard diagram (Bass):

1	3	4	1	0	1	1	3	4	1	0	1	1	2	3	1	4	1	0	1	1	3	4	0	1
4																								

21 $D\flat$

Fretboard diagram (Bass):

1	3	4	1	0	1	4	1	4	2	4	3	4	4	0	1	4	2	4	3	4	4	1	4	2	3	4
4						4							4								4					

25 $G\flat$

Fretboard diagram (Bass):

2	4	1	4	2	4	3	4	4	1	4	2	4	3	4	4	1	4	2	4	3	4	4	1	4	2	3	4
								4							4							4					

29 B

Fretboard diagram (Bass):

2	4	1	4	2	4	3	4	2	2	4	2	0	2	1	2	2	4	1	4	2	4	3	4	4	1	4	2	3	4
								2								2								4					

33 E

Fretboard diagram for exercise 33 (E major):

2	4-1-4-2-4-3-4	2	2-4	2-0-2-1-2	2	2	0-4	2-0-2-1-2	2	2-4	2-0-1-2
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37 A

Fretboard diagram for exercise 37 (A major):

0	2	4	2-0-2-1-2	2	2	4	2-0-2-1-2	2	2	0-4	2-0-2-1-2	0	0	2	0	3	4	0
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41 D

Fretboard diagram for exercise 41 (D major):

0	2	4	2-0-2-1-2	0	0	2	0	3	0	4	0	0	0	1-2	0	3	0	4	0	0	2	0	3	4	0
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45 G

Fretboard diagram for exercise 45 (G major):

3	2	0	3	0	4	0	0	0	2	0	3	0	4	0	0	0	1-2	0	3	0	4	0	0	0	2	0	3	4	0
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This exercise is a beast, huh? You might need some **structured lessons** to get you ready to nail something like this... [so check out my comprehensive, step-by-step beginner course here.](#)